

Bracknell Higashi Karate Club

Code of conduct and standards



The aim of Bracknell Higashi karate club is to encourage the physical and mental development of Karate-ka in order that they may achieve the highest standards of Karate in the fields of Sport, Self-Defence or Physical Fitness. The method of achieving the aim is by a structured programme of progressive training based on the principles of Higashi Karate-do.

Higashi recognises the rights of all members to enjoy an environment free from prejudice, bullying or verbal and physical abuse of any kind when they are engaged on Higashi related activities. Such actions are recognised as being unacceptable and will not be tolerated at any level. Such actions will be considered as matters subject to disciplinary action at either club or national level. The officers of Higashi will act in the most positive manner to ensure that all complaints are dealt with in a prompt and sensitive way.

Rule 1: MEMBERSHIP

(1a) All new students to BHKC must submit a membership form after the first lesson and before starting the second. This will be part of the insurance you need to be able to train at the club.

(1b) After four lessons you will then need to submit a form for a HKK licence this will then be used to formally insure the member and will be the record book for your grading's and achievements.

(1c) Once membership has been granted students are free to use any Higashi courses, clubs or instructor they choose to help develop their skills.

(1d) Membership can be revoked at any time under the discretion of the chief instructor or committee of Higashi. Rulings will be made fairly in accordance with the constitution and reasons given to the member.

Rule 2: RIGHTS AND CONDITIONS OF MEMBERSHIP

(2a) All BHKC members have the right to train freely and without fear of any form of harassment, bullying or intimidation. BHKC is a friendly atmosphere karate club.

(2b) All BHKC members are free to wear any BHKC or Higashi branded items as they wish as long as their validated by a HKK licence.

(2c) All members must wear appropriate clothing for training and make sure safety is a priority.

(2d) Members of BHKC shall, to the best of their ability, strive to be a credit to the club and organisation in such not to engage in, nor be part of, any action, which may by its nature bring Karate, BHKC or Higashi into disrepute.

Rule 3: STUDENT STANDARDS AND DISCIPLINE

(3a) All BHKC students will behave in a good natured manor at all times while in the dojo or place of training. Any negative impact on the class may result in dismissal and possibly future bans from the club.

(3b) If any BHKC student feels worried or has issues they should come to the instructor for help, everyone is treated with respect and care.

(3c) All members will listen to instruction and follow the guidance to make sure safety is foremost. Students should pay attention and ask for confirmation if unsure.

(3d) There is to be NO food or drink on the floor of the training space. Any spillages or hazards should be made safe or brought to the instructor's attention.

Rule 4: INSTRUCTORS

(4a) A Club Instructor is defined as "A member over 18 years of age and not below 1st Dan with 12 months experience, who has been approved to instruct in a particular skill or skills, has obtained the appropriate insurance and fulfilled the registration requirements". Instructors of 1st Dan grade who teach at their own club must ensure that their students are exposed to Senior Dan grade instruction at regular intervals (A Senior Grade is defined as an Instructor of 3rd dan and above). All Instructors must hold a professional indemnity insurance and have attended a First Aid Course within any three year period.

(4b) Responsibilities of all Registered Instructors:-

1. To ensure that all arrangements, agreements, financial and legal liabilities are understood and in operation before using any area for training.
2. To ensure that both they and their members are correctly licensed and insured.
3. To check that the training area is clear of all dangerous obstacles and hazards.
4. To ensure that the exercise and subsequent training is in proportion to that expected as proper and sensible for the grade, age and physical limitations of those participating.
5. The arrangements and checks on visiting Karate-ka is left to the discretion of the resident Club Instructor.

Rule 5: THE DOJO – PLACE OF TRAINING

(5a) The dojo will be clean, tidy and safe for use at the time of training.

(5b) If the training is outside the area will be safe and fit for purpose, extra precautions will be taken for adverse weather or near water.

(5c) The training place will only be held responsible for students during the times of the class, at other times students or their guardians are required to make sure of safety.

(5d) The instructor has the overall authority of the place of training during the times scheduled for the class any decisions made by them are final at the time.